

Conference on Aging

Planning for your Adult Child with a Disability

Compiled by Elizabeth Ruh

Before meeting with your Attorney and other advisors, consider the following for your child:

1. Where will your child live?
2. Make a list of all skills that your child will need assistance with. Who do you see providing that help? (Does not have to be the same person for each).
3. What does your child's community look like?
4. What are your child's hobbies and interests?
5. What needs does your child have that are important to know to advocate on their behalf? (i.e. allergies, aversions, sensory disorders, etc.).

Questions to ask your estate planning attorney:

1. Identify the above information and summarize your desires for your child. How do you accomplish that and keep your child eligible for Medicaid?
2. If you have other heirs, how do you accomplish your wishes for them?
3. If you own a house you want to preserve for your child to live in, how will repairs, maintenance, etc. be funded?
 - a. What happens to the house when your child is no longer able to live there?
 - b. Who should own the house?
 - c. Who is responsible to keep an eye on the house to make sure these things happen?
4. Do you need a Trust? If so, what does that look like?
5. Should you consider an ARC Trust or something else?
6. Does your child need a Guardian?
7. Does your child need estate planning documents?
8. Should you preplan a funeral for your child?
9. What else should I be thinking about to accomplish my desires for my adult child with a disability and other heirs?

Presenting Partner:



Supporting Partners:



Contributing Partners:

