

Planning for Adult Child with a Disability

What happens when I can't take care of them?

What to think through

1. What is important to your child's quality of life?
 - a. Do they need staff to help them maintain independence?
 - b. Do they do better living alone or roommates?
 - c. Do they have community?
2. What are their strengths?
 - a. Are they able to ride the bus?
 - b. Are they able to drive?
 - c. Do they have a job?
3. What are their weaknesses?
 - a. Do they need help managing their health?
 - b. Do they need help managing their finances?

Legal Documents You Need

What do you need for someone to help advocate for your child?

1. How do you know if they need a Guardian?
 - a. Plenary Guardian (guardian of estate; guardian of the person)
 - b. Limited Guardian
 - c. Standby Guardian
 - d. Successor Guardian
2. Supported Decision Making
3. Can your child execute estate planning documents?
 - a. Health Care Representative
 - b. Durable Power of Attorney

What the system provides

Putting your child on Medicaid and the BDDS waiver now, allows for services to step in when you are unable to do so.

1. BDDS Waiver - FSW & CIH
2. Group Home
3. Day Programs
4. Workshop Opportunities
5. PA Hours
6. Behavioral Therapy
7. Rec Therapy
8. Music Therapy
9. Voc Rehab

Special Needs Trusts

Should I incorporate a special needs trust for my child in my estate plan?

1. What is a Special Needs Trust?
2. ARC Trust?
 - a. Trust I
 - b. Trust II
3. Independent Trustee?
 - a. Family Member
 - b. Bank
 - c. Other Professional Fiduciary
4. What are the differences between the types of special needs trusts?

Resources

[Guardianship & Alternatives](#)

[The Arc Master Trust](#)

[Special Needs Trust Definitions](#)

[Developmental Disability Services Indiana](#)

[Application for BDDS Services](#)

[Behaviorist Qualifications](#)

[What is Recreational Therapy](#)

[Special Olympics Indiana](#)

[Self Advocates of Indiana](#)

[Stone Belt](#)

[Life Designs](#)

[CIH Waiver Information](#)

[Family Support Waiver \(FSW\)](#)