

# Conference on Aging

## Memory Triggers and Gathering Family Stories

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### Resources:

- Alzheimer’s Society <https://www.alzheimers.org.uk/get-support/publications-and-factsheets/dementia-together/apr-may-2021/ideas-help-person-dementia-record-their-stories>
- Cortex <https://www.meetcortex.com/blog/the-history-of-storytelling-in-10-minutes>
- Melissa Hughes Rocks <https://www.melissahughes.rocks/>
- National Geographic Storytelling and Cultural Traditions <https://education.nationalgeographic.org/resource/storytelling-and-cultural-traditions/>
- National Library of Medicine <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8848055/>
- Recording Life Stories <https://www.dementiauk.org/information-and-support/living-with-dementia/creating-a-life-story>
- Story Corp <https://storycorps.org/>
- Talking Memory Books <https://www.talkingproducts.com/products/talking-memory-book-deluxe-dementia-aid>

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