



# The Room-by-Room HomeFit To-Do List

Check the box next to each needed repair or improvement

## ENTRANCES AND EXITS

- Establish a zero-step entry into the home
- Install outdoor lights
- Make the house or apartment number fully visible
- Add a bench, table or small piece of furniture near the exterior door for placing packages while the door is being locked or unlocked?
- Create a spot inside the entry for storing shoes; hanging coats; placing bags, keys, etc.
- Install a no-step, no-trip threshold
- Add a second handrail if the stairs only have one
- Install lever-style door handles
- Install deadbolt locks and/or slide latches or chain locks on exterior doors
- Install a security peephole or viewing panel on the exterior door at a suitable height for residents
- Install a camera, video doorbell or other electronic system for seeing who's at the door

- Install sensors on outdoor light fixtures to automatically turn lights on at dusk and off at dawn and/or when motion is detected
- Repair holes, loose bricks or uneven pavement on exterior walkways
- Clear paths so they're free of leaves, moss, mold or other slipping hazards
- Remove scatter or throw rugs from the front stoop and inside the foyer and replace with sturdy doormats and/or floor mats
- Remove clutter from hallways
- Widen doorways to at least 32" by replacing traditional door hinges with swing-away or swing-clear types

## STEPS AND STAIRWAYS

- Repair or renovate stairways that are unstable, have open backs, raised nail heads, missing treads, loose steps, etc.
- Cover steps with a tightly woven, low-pile carpet with thin padding
- Apply nonslip adhesive strips to uncarpeted steps

- Install handrails on both sides of all staircases
- Install a light fixture to illuminate the entire staircase
- Add light switches at the top and bottom of the stairs
- Plug automatic night-lights into outlets near steps and staircases
- Clear the stairs of clutter
- Place a tote or basket with a handle at both the top and bottom of the staircase to use while carrying items up or down the steps

## KITCHEN

- Install task lighting for the sink, stove and other work areas
- Replace knobs on cabinets and drawers with easy-to-grasp, D-shaped handles
- Install a stove or cooktop with controls near the front of the device
- Place a lightweight, ABC-rated fire extinguisher in an easy-to-reach location
- Purchase a step stool that has nonslip steps and a grip handle

- Install adjustable, pull-down or similar shelving for safe access to upper cabinets
- Install pull-out cabinetry shelves beneath counters and place turntables in corner cabinets
- Install a lever-, touch- or sensor-style kitchen faucet — ideally one that's pressure-balanced, temperature-regulated and kept at or below 120°F
- Ensure that electrical outlets and switches near water are equipped with a GFCI (ground fault circuit interrupter)
- Establish a kitchen surface for working while seated
- Place or install bins for trash and recycling

## BATHROOM

- Change electrical outlets and switches near water to ones equipped with a GFCI
- Install lever-, touch- or sensor-style faucets for the sink, bathtub and shower
- Install pressure balanced faucets and/or thermostatic valves for the sink, shower and tub faucets

This worksheet is a supplement to the **AARP HomeFit Guide**.

Visit [AARP.org/HomeFit](https://www.aarp.org/HomeFit) for more information, to order or download the free guide, or to find more worksheets.

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